



Hospice of the Tanana Valley

2001 Gillam Way Phone 474.0311 Fax 452.7643

Updates for Patient Care Volunteers January 2010

Monthly Volunteer Meeting— First TUESDAY of each month

Tuesday, January 5th

5:30—7 pm

At the Hospice office

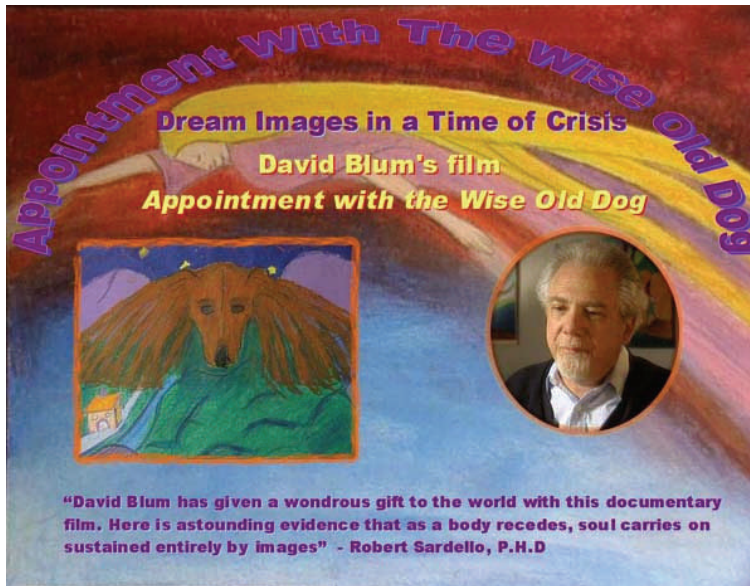
Please try to attend the meeting if you are placed with a patient.

Thanks,

Karen



Upcoming Events that might interest you?



A Film about Dreams, Cancer, and Healing The film "Appointment with the Wise Old Dog" - In this unforgettable story of a remarkable man, we see how the need to face one's own death can reawaken an individual to the reality of the psyche and an encounter with the Self...This film is a "must see" as it displays with grace, artistry and brilliance the needed surrender of the ego to the Self. Join us as we view this extraordinary film about David Blum, former conductor of the Seattle Symphony Orchestra.

When: January 8, 2010

Where: Unitarian Universalist
Fairbanks Fellowship

**4448 Pikes Landing Road - Across
from the Princess Hotel**

Time: 7pm

Other: Suggested donation - \$5.00

Save the Date!

You are invited to attend the

2nd Annual Northern Region Geriatric Education Center Summit

Health Literacy & Advocacy



When: February 16-17, 2010

Where: First day will be held at the Princess Hotel. Second day will provide a unique opportunity to continue are collegial discussions on-site at several of our Fairbanks-based service organizations.

Description:

Similar to our first summit last year, day one will enjoy time hearing from several of our inspiring Alaskan Elders followed by a series of discussion groups that will focus on the challenges and benefits of health literacy and advocacy for our aging population as well as for those (family, friends, and professionals) who serve them.

Whether you are a direct service provider, health or behavioral health professional that work with our aging population, interested family members, or elders yourself, you are encouraged to join us for this excellent network and learning experience.

Your voice and presence are very much needed.

Questions:

Contact Karen Callahan
volunteer@hospicetv.org
687-8268 or 474-0311

To register:

Contact Jan Hinde
Geriatric Education Center
907-474-1833
Email: anjlh6@uaa.alaska.edu

Dear Wonderful Hospice Volunteers,

Reflecting back on 2009, I am so very grateful for your kind hearts, willing hands, and dedicated commitment to serving at the precious time of end-of-life.

These last months I've been sending out "rally calls" via email to see who is available to help and your response has been amazing.

- 6 volunteered to sit with a patient on Christmas Day so his wife could watch kids and grandkids open present and attend the festivities.
- A patient and loved one in Denali Center needed extra support and 6 of you responded, day after day after day. You wouldn't even be "signed up" for a certain time, and I would find you there. You make me smile.
- We needed someone to fly to the Lower 48, 4 days before Christmas to escort a patient. Four of you responded and were willing to go!
- Another woman needed bed baths and even during a busy time of year, a volunteer said yes!

These were just in December. I am amazed at the quality and commitment of you all— the "heart" of this organization.

After attending the conference in Orlando in early December, and taking some extended time off in December when my daughter was home, I am rested and ready to make some good changes in this new year. I hope to keep in closer contact with all of you and to make some organizational changes so that I can serve you better.

Hope to see you soon! Stay Warm!
Karen



A Quote that made me nod and smile...

*People are so worried about what they eat between Christmas and the New Year,
but they really should be worried about what they eat between the New Year and Christmas. ~Author Unknown*

...yep, that's me!